



On the Philosophy of Diseases and Medicine: An Opinion

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ABSTRACT

The history of medicine tells us that there was a holistic view regarding health and illness among earlier healers. This was the case, for example, in the healing center of Hippocrates on the Greek island of Kos. In contrast, today's conventional medicine has degenerated, it knows a lot about many details, but almost nothing about the wholeness. The symptoms are treated, not the underlying causes. Also not taken into account are: the lifestyle, the habits, the patterns, the motivations, the conflicts, the family ties, the psyche, the soul and the spirit. It is time for medical science to take a holistic approach again if it wants to heal rather than just suppress.

Keywords: History of medicine, philosophy of medicine, medicine criticism, holistic medicine

INTRODUCTION

If you open a book of diseases (in Germany the Pschyrembel (1)) and compare it with earlier editions, you will notice that the contents are constantly becoming more extensive. If decades ago clear disease pictures with clear symptoms were to be found, these give way increasingly to syndromes, i.e. the combination of symptomatology, linked with the first descriptors. For example, as early as 1976, the author, as a lecturer at a university, taught that a combination of autoimmune thyroiditis, chronic pancreatitis, and a mammary carcinoma were overly common. Therefore, this should be called Doepp syndrome (a joke). Describing seemingly unrelated symptomatology as syndromes shows that the status quo of mainstream medicine is to capture the surface of disease rather than its cause.

SYMPTOMS AND CAUSES

The causes may exist in a different place of the organism than the symptoms. For example, dental root foci often cause joint problems in the hips and knees. (2) The use of a joint prosthesis, as is very often done, does not change the cause, and the patient will not become symptom-free. Logically, before using such a prosthesis, a detailed X-ray of the teeth and jaw bones should be done, and the removal of the focal point or foci should be a priority. Similarly, cancers are also triggered by inflammation of the jawbone, especially NICO (non-infectious chronic osteitis). Therefore, in every case of cancer or cancer prevention, a determination of the RANTES value in the blood should be made. If the value is elevated, extirpation of the focus or foci is indicated. (3)

However, as mainstream medicine continues to target the expressions of disease, the subsequent problems become more aggressive and frequent. This is the reason for the insufficiency of medicine in chronic diseases. University-based medicine is able to play to its

strengths in the area of emergency medicine and acute care, but it is rather helpless in the case of chronic conditions, because it gets lost in details and symptoms and has forgotten the overview and the insight into the wholeness, into the interrelationships.

LIFESTYLE, HABITS, MOTIVATION

It is also tempting in naturopathy to look for the causes in bacteria, viruses, fungi, poor nutrition, deficiencies of minerals and vitamins, because this model largely relieves us of self-responsibility for health. However, this view only leads to a postponement of the problems, not to their solution. The cause usually lies in the lifestyle and motivations. Hardly any patient wants to recognize and even change these habits ; he expects the doctor to hand over self-responsibility to the expert. The latter senses the expectation of wanting to get rid of the symptoms as quickly as possible, and prescribes symptom-repressing drugs. For example, the use of antibiotics is a common behavioral pattern even in the case of viral infections, but this unfortunately has the effect that resistance to antibiotics is constantly increasing. (4,5,6)

SYMPTOM SUPPRESSION

Patients and therapists usually agree that they want symptom suppression. Everything below that is rather annoying. It disturbs, causes problems, and hinders functioning. Correspondingly, most people know little about themselves, since they consistently exist separately from themselves (rather vegetate than really live). The current orthodox medicine is a reservoir of therapists and affected people, who are equally characterized by being separated from themselves. The lack of awareness, e.g., of one's own identity, creates the basis on which those forms of therapy function which do not understand symptoms and illnesses as reactions and indications of a reality of life which is not conducive, but as an isolated process which must be combated. Conventional medicine and the thinking behind it are based on separation and division of the human being and on the perpetuation of this condition. It is not understood that symptoms are a message to change something and to strive for an individual evolution. Therefore this conception produces on no health, but further illnesses, which are regarded as coincidence and/or a disturbance.

WHAT IS HEALTH ?

What is meant by health? A person is healthy when his existence is accepted and his being is respected, when his limits are intact and his integrity is complete, and when he lives what he truly is and it corresponds to his nature. In short, when he is not detached and separated from his self. Disturbances always occur when one or more of these conditions are not met and he is split off from himself. Acute disturbances thereby serve the self-correction by trying to bring together again what has been separated and not lived. For this purpose, the organism changes its processes for a short time in order to react to certain conditions. The symptoms do not have to correlate with the causes, the symptom represents a sign of a disorder rather than the disorder itself. The cause is found in the context of the person affected.

MAN`S BODY: A MISSING CONSTRUCTION ?

One finds in the patterns and dogmas that the one has apperceived, and which counteract and sabotage the becoming human. In order to discredit obvious connections, always new disciplines are invented, which spring from the materialistic world view and serve the maintenance of isolated ways of thinking. There is also the idea according to which the contemporary human being was not constructed for the present. He is, so to speak, a misdesign

corresponding to prehistoric times and no longer to life in post-industrial society. The inventors and developers of man - be it a « God » or extraterrestrials - have not sufficiently thought through the construction plans of his organs and tissues and so there must be problems in the end. (7)

One can take an example for it: In the 1930s, Porsche developed the VW Beetle. It was on the market for decades and was hardly changed technically. The reason: the initially successful design with an air-cooled rear engine drove the engineers to despair in the 1960s, because modifications were hardly possible. It was not until the Golf (developed by Audi) that VW was able to make a new start. The situation is similar with the human body. Many of its construction plans are borrowed from animals and can only be improved in many millennia. Evolutionary innovations are therefore never big throws, but compromises that make the body susceptible to infirmities. Examples of this: the intersection of the food and respiratory tracts is inadequate, as is the stress placed on the hip joints by walking upright. Walking on two legs feeds whole branches of medicine: hemorrhoids, genital prolapse of women, hernias, venous thrombosis, incontinence, choking on food particles, heel spurs, hallux valgus, etc., all this haunts man since he walks upright.

WHO ACTS? WHO REACTS?

This view suggests a lot of repair needs of the error-prone human being, and it induces at the same time to be repaired by specialized experts instead of finding deeper reasons. It is helpful to understand that organs do not act independently, but always react. Man himself is the acting subject, his organs are reactive objects. If man now finds ways to reverse these changes through action, by warding off what harms him, he becomes apparently healthy and the symptoms (the warning lights) go out. However, if the hostile conditions remain and remain effective, he inevitably becomes ill. Physical symptoms are indications and physical illnesses are self-healing processes. The organism is wise and does nothing that would be useless or harm it in the long run. It will express the produced symptoms at the organs which are connected with the stimulus in content by analogies. Through such analogies we can learn something about the background, which remains hidden with a one-sided view. It can also be that the human being as a social being has developed a disturbance which he himself caused in a past life or which he has eaten into himself and repressed during a territorial conflict. Humans possess - like also many animals - a district, in which only he has the say. If the territory is impaired by influences or manipulations of others, the territory should be defended by saying no. If there is no solution, the conflict is suppressed into the subconscious. However, this is not a solution, but the conflict content smolders on, and the subconscious fills with several or many such negative contents. Any such conflict can cause a symptom or, if it persists for a long time, a disease. Relatively unknown here is a twin dead in utero, or an attempted abortion by the mother. Even an intense thought of the mother not wanting to have the child represents a trauma for the embryo. No conflict disappears by itself, but wants to be redeemed.

EXTERNAL INFLUENCES

Of course, there are also environmental influences of a negative nature such as technical-chaotic electromagnetic frequencies (especially 2.4 GHz), digital television, RFID chips, nanotechnologies, microwave ovens, genetically manipulated food, microplastics, chemtrails and much more. Those who do not avoid or protect themselves against such things will suffer.

The human organism is still adapted to the many millennia of prehistory, it cannot adapt to new environmental conditions within decades. The environment triggers, but is not the cause.

NARRATIVES, MEDIA, AND CONSCIOUSNESS

It is technically also no problem to implement people programs, similar to a PC Trojan or a computer virus. Likewise, it works when the media spreads stereotypical narratives to equalize people's consciousness. This can create compulsive and harmful behaviors that are no longer reflected upon or even seen through. Those who have created the architecture of the world and are responsible for the consciousness of separation and division know very well that on the information level everything is connected with everything and everyone with everyone (quantum entanglement via resonance). However, they prefer not to spread this knowledge in order to better manipulate the species «Homo sapiens». Therefore, it is a simple matter to use people purposefully and to spread fear above all. In science, there is the experimental approach of field trials to test the effect of measures on groups of people. Processes of change, to which the majority of people would refuse their consent because the control behind them would be obvious, are implemented via fear. This fear of repetition then outweighs the insistence on inalienable human rights.

The theses on which these assumptions are based have to do with quantum physics and morphogenetic fields. Their origin is found in the so-called zero-point field, from which everything originates and to which everything will return again. Hypnosis and kinesiography according to Goodheart can be applied here diagnostically. To really find inner peace, this knowledge is evident. As long as the nomad man wanders around homeless and helpless, no inner peace can arise.

THE SOUL

In principle, behind every disease there is a problem of the soul. As long as it can realize itself in man, problems can be solved without serious diseases. Unfortunately, only a part of mankind still has contact with its own soul. In our materialistic age, many consider the body to be the decisive thing. But it is correct that we are not a body that has a soul, but a soul that has chosen a body for a limited time. In the Middle Ages, when death could occur any day, people were aware of this. The repairing medicine has driven many into the illusion that one can renew the body again and again, so that the soul plays only a subordinate role. What we take with us after death, however, is above all the consciousness and the subconscious. If the consciousness is constricted, we will suffer after death. If the subconscious is full of repressed traumas and unresolved conflicts, we will suffer after death. The RIP (requiescat in pacem) at the grave is then a pure illusion.

What would be necessary is a reversal of priorities with the inclusion of the spiritual knowledge of the great religions, especially reincarnation and karma from Buddhism, which were also common knowledge at the time of Jesus Christ and in early Christianity.

If we look at the teachings of the great healers of mankind (Asclepius, Hippocrates, Avicenna, Hildegard von Bingen, Paracelsus and others), we regularly find a holistic approach with the inclusion of body, soul and spirit. In contrast, our current conventional medicine is only a narrowed reflection. (8,9,10)

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